

Opening the Floodgates of the Heart

February is here and this month's thoughts turn towards the middle of the month, February 14th when many will, in some form, celebrate Valentine's Day. While reflecting on this day of love, the Galatians' author has some insightful words to consider: "...by love serve one another, for all the law is fulfilled in one word, even in this; thou shalt love thy neighbor as thyself." (Galatians 5:13-14)

Loving and serving your neighbor as Christ illustrates one day while talking to a certain lawyer means that we must open wide the doors of our heart to express love to those in need whether it is convenient or not; whether or not it is even fully appreciated (Luke 10: 25-37). To do this takes a conscious effort because it is so easy to close our hearts off, perhaps, due to personal differences, past suffering, indifference or pure spite, etc. It is easy to find reasons to withhold love from others. However, it becomes much more difficult to learn to keep the door to Christ's love open in our own hearts. As we turn our minds to the concept of love this month, I ask that you take a little time to think of constructive ways to Keep open the door to your own heart!

Remaining In His Light,

Rev. Rae